



First Aid at Work Requalification

Duration: 2 Day Course

Cost: price on enquiry

This 2-day course is designed to refresh current first aid at work certificate holders and covers all aspects of the first aid at work course.

The course can be taken up to 3 months before the expiry date of their certificate. The new certificate will then take effect from the date of expiry. Once renewed the certificate is valid for a further 3 years.

The course includes training in:

- How to act in the event of an emergency
- Cardio-pulmonary resuscitation (CPR)
- Unconscious Casualty
- Wounds and bleeding
- Burns and scolds
- Muscular, skeletal and joint injuries
- Shock
- Eye injuries
- Poisoning
- Recognize major and minor illnesses and be able to take appropriate action
- Personal hygiene in first aid procedures
- Maintaining factual records and providing written information to a doctor or hospital if required

The price will include: Professional Instruction, all course materials, First aid at work manuals, and a Health and Safety Executive Approved First aid at work certificate valid for 3 years.